

SHOOTFIGHTING®

“The Original Mixed-Martial Art”

Training Seminar



Train with World Shootfighting® Champion

Bart Vale

- The first American to be certified, compete and win the world title in Japan
- 2004 Olympic Coach and International Martial Arts Hall of Fame
- Featured in Sports Illustrated, Men's Fitness & Black Belt Magazines

“Become the toughest of the tough”

Become a more versatile fighter. Fight like a kickboxer or a grappler. Shootfighting®, the original MMA, teaches both, and the transitions in-between. Learn one of the best forms of self-defense and one of the greatest new sports directly from the man who pioneered it, and train with students and instructors from all over the United States.

– Individual pictures and autographs with Bart Vale –

1:00pm-3:30pm, Saturday, October 24, 2009

\$95 per person OR \$145 for two or more

Spaces are VERY limited. Pre-registration only!

Tracy's Karate Studio • 737 West Texas St. • “Downtown” Fairfield • 94533

(707) 426-1192

www.shootfighting.org